Four Year Career Plan
Map Out Your Career Path

**YEAR ONE**
- Settle into campus & academic life
- Find appropriate campus resources
- Develop relationships with RA, TA, upperclassmen, & professors
- Meet a career and/or pre-health advisor
- Explore career interests, strengths, and personality through career assessments
- Create a resume and cover letter
- Log in to Handshake

**EXPLORATION**

**YEAR TWO**
- Declare a major/concentration after discussion with your academic advisor
- Review profiles in Handshake and LinkedIn
- Conceptualize career plan with your career advisor
- Schedule informational interviews to learn more about industries
- Apply to internships, volunteer opportunities, or study abroad experiences that interest you
- Practice in career-related events (info sessions, career panels, & career fairs)
- Update your career action plan with your career advisor

**INvolvement**

**YEAR THREE**
- Update your career action plan with your career advisor
- Familiarize yourself with industry publications and websites to further prepare for the job search
- Follow up with contacts made through networking
- Practice interviewing skills by doing a mock interview
- Apply to internships, volunteer opportunities, or study abroad experiences that interest you
- Evaluate internship offers carefully before accepting

**EXPERIENCE**

**YEAR FOUR**
- Discuss graduate school application timelines with the pre-grad team
- Be mindful of hiring timelines for different industries
- Evaluate full time offers carefully before accepting
- Research cost of living and relocation resources before committing to offer
- Complete career plans surveys
- Remember career services serves alumni so check back in even after you graduate

**TRANSITION**

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 Penn Career Services
Four Year Career Plan

Questions To Consider

**YEAR ONE**
- WHAT ACTIVITIES DID YOU LIKE IN HIGH SCHOOL?
- WHAT CLASSES INTEREST YOU MOST?
- WHAT ARE YOUR SKILLS, VALUES, AND INTERESTS?
- WHAT DOESN’T INTEREST YOU?
- HOW CAN YOU GET INVOLVED IN THE PENN COMMUNITY?

**YEAR TWO**
- WHAT LEADERSHIP ROLES CAN YOU PURSUE WITHIN YOUR STUDENT ORGANIZATIONS?
- WHAT CLASSES HAVE YOU DONE WELL IN AND ENJOYED THE MOST?
- DO YOU WANT TO STUDY OR INTERN ABROAD, AND WHEN?
- WHAT TRANSFERABLE SKILLS ARE YOU DEVELOPING IN YOUR WORK-STUDY, VOLUNTEER, OR CLASSROOM EXPERIENCES?

**YEAR THREE**
- HOW CAN YOU APPLY THE IMPACT YOU MADE WITHIN STUDENT ORGANIZATIONS TO INTERNSHIP APPLICATIONS?
- DO YOU WANT TO DECLARE A MINOR?
- WHAT INTERNSHIPS SEEM LIKE THE RIGHT FIT FOR YOU?
- HAVE YOU BUILT YOUR NETWORK IN INDUSTRIES OR ORGANIZATIONS YOU’VE TARGETED?

**YEAR FOUR**
- WHERE DO YOU SEE YOURSELF IN THE NEXT 1-2 YEARS AFTER COLLEGE?
- ARE YOU STILL INTERESTED IN PURSUING AN ADVANCED DEGREE?
- HAVE YOU RECEIVED AND CAREFULLY CONSIDERED FULL-TIME OFFERS?
- HAVE YOU CHECKED IN WITH CAREER SERVICES?

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